



Dear all,

Premier Daniel Andrews announced today in his daily update that Victoria has recorded 428 new cases overnight with increasing number of people being hospitalised. The Victorian Chief Health Officer said that these numbers are concerning and it shows that we must continue to follow the Stage 3 restrictions to help slow the spread of the virus.

We should all remember to be proactive in managing the risks of spreading the virus, not only in our workplace but in the broader community. We all have a responsibility to ourselves and the broader community to implement the advice and guidance provided to us by the authorities.

We appreciate it is an anxious time as we all grapple with the uncertainty of this ongoing rise in cases and the challenge that is COVID-19. We naturally want answers and to work with certainty. Dealing with the facts from authorised sources like the Department of Health and Human Services helps us stay calm and be able to deal with the changing situation. We continue to monitor the situation closely and respond to any developing situation quickly.

In these challenging times, it is important we continue to live our Metro values more than ever in our daily interactions. We must remain focussed on safety, strong teamwork and looking out for each other. We are in this together.

As I said before, it is ok to be worried and concerned. It is important we remember that talking to someone can often help. That can be anyone; a friend, a family member, a colleague or your manager.

Please remember that you can always access our free and confidential Employee Assistance Program any time by calling 1800 808 374 or texting 0439 449 876.

Look after yourself and each other.

Regards
Rob

Robert Duvel
Executive Director Zero Harm

